

# BACH FLOWER REMEDIES FOR PETS



Indication	Bach Remedy	Outcome
Vague or unaccountable fears. Appearing agitated for no apparent reason	ASPEN	Provides a sense of security and fearlessness so they may face challenges and difficulties more easily
Possessive in nature, very territorial. Manipulatively loving to keep control	CHICORY	A more unselfish, self-assured, loving animal
Obsessive cleanliness, fastidiousness; excessive grooming	CRAB APPLE	An animal that is more relaxed, accepting itself and its imperfections
Overly concerned with companionship. Constantly barking	HEATHER	A pet that does not need to be the centre of attention
Jealousy of other animals or a new baby in home. Angry growling, hissing, barking, snapping or unprovoked attacks	HOLLY	An animal that is more compassionate and willing to share with other animals
Homesickness or over-attachment to the past	HONEYSUCKLE	Pet becomes self-assured, and adjusts to its new home or environment. (May also need Walnut)
Lack of self-confidence or avoids situations where it has to perform	LARCH	Boosts self-esteem, confidence and determination

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For fears e.g. afraid of lightening, visits to the vet. May shake or shiver when confronted. For shy and timid pets	MIMULUS	Pets become more confident and courageous, and can enjoy life without fear.
For sudden depression in pets without reason	MUSTARD	Restore natural happiness and cheerfulness
For pets who over-achieve and work so hard their strength wanes	OAK	Relieves stress from high expectations of themselves
Exhaustion, fatigue due to overwork: for working animals or those involved in racing, competitive events or shows	OLIVE	A restoration of strength and vitality. (Always ensure proper nutrition as well)
Enthusiastic, always want to be involved, high strung	VERVAIN	Assists animals to be more calm and relaxed
Authoritative, dominant even over their owners	VINE	Allows animal to be determined without dominating others
For any period of change	WALNUT	Helps the animal ease into its new surroundings or situation
Stressful situations: visits to the vet, being left alone, adapting to new surrounding. Fear of loud noises. Excessive barking or hissing	RESCUE REMEDY	Immediate calming effect

# NELSON HOMEOPATHIC REMEDIES



Portable, convenient and easy to use homeopathic medicines should be taken regularly to be most effective. The new klikpak is therefore much better suited to a busy lifestyle.

New pillule format has the same Nelsons quality. The pillules are smaller and easier to take than tablets. They can even be dissolved in warm water if preferred. Their sucrose coating and small lactose core means they taste better.

Directions: 2 pillules every 2 hours for the first 6 doses, then 4 times daily for up to 5 days or until symptoms improve.

<b>Nelsons KlikPak</b>	<b>Indication</b>
<p>Arnica 84ct. Arnica is from the plant, Leopard's Bane.</p>	<ul style="list-style-type: none"><li>• For all sorts of bumps and scrapes. # 1 injury remedy! Helps the body to heal from injury and reduce swelling, bruising, pain.</li><li>• Also use prior to dental work, surgeries, prolonged sports training to help the body gear up for repairing tissues from trauma.</li><li>• For pain relief while healing from injuries, fractures, muscular aches.</li><li>• This is the number one remedy for muscle and joint injury. Use afterwards to recover faster from bruising, sprains, fractures, pulled muscles, shin splints.</li><li>• Arnica is always suitable in stress and shock. Insomnia from over-exhaustion. Helpful when taken prior and during flying for jet lag and motion sickness.</li></ul>

# NELSONS HOMEOPATHIC REMEDIES



Nelsons KlikPak	Indication
<p>Belladonna 84 ct. Belladonna is from the Nightshade plant,</p>	<ul style="list-style-type: none"> <li>• Fever or inflammation including redness on ears, face or throat, fever with pain, hot, red skin, flushed congested face, abscesses with redness and throbbing pain.</li> <li>• Fever with thirst and moist skin associated with colds and flu.</li> <li>• Throbbing headaches, hard pounding pulse.</li> <li>• Tendency to swollen glands.</li> <li>• Sleepy, but cannot sleep.</li> <li>• Mental symptoms are an overemotional state, critical and complaining, can't handle least bit of upset.</li> <li>• Worse with: Bright Light, noise, motion, lying down, in the afternoon, drafts, cold winds, sensitive to touch.</li> <li>• Better with: Pressure or sitting up.</li> </ul>
<p>Bryonia 84 ct.</p>	<ul style="list-style-type: none"> <li>• If the health problem connected with dryness</li> <li>• Suffering from stiff joints or dry sinus passages or dry cough</li> <li>• Helpful For: Abdominal pain, acute back spasms, bone/body aches, sciatica. Colic, coughs, fevers with chills, gas, heartburn, indigestion, headaches, flu with aches and pains, sprains, pulled ligaments.</li> </ul>

# NELSONS HOMEOPATHIC REMEDIES



Nelsons KlikPak	Indication
Gelsemium 84 ct.	<ul style="list-style-type: none"> <li>• Keep on hand for flu symptoms with body aches, exhaustion, headache, weakness.</li> <li>• Gelsemium helps with circulation both physically and mentally.</li> <li>• Anxiety, stage fright, apprehension, nervousness before performing, speaking or going out in public.</li> <li>• Onset of symptoms for Gelsemium is slow and gradual, unlike Aconite and Belladonna, and may follow an emotional upset or shock.</li> <li>• Drowsy, tired, sluggish, lethargic, heavy, weak, trembling. Wants to be left alone and quiet and feels worse after physical or mental exertion.</li> <li>• Exhaustion illnesses such as Mononucleosis.</li> </ul>
Kali Bich 84 ct.	<ul style="list-style-type: none"> <li>• Sinusitis, post nasal drip, nasal blockage</li> <li>• Stubborn coughs, and colds with thick mucous.</li> <li>• Cough with thick yellow mucous. Nasal Catarrh.</li> </ul>
Nat Mur 84 ct.	<ul style="list-style-type: none"> <li>• Sneezing colds, runny nose, headache.</li> </ul>
Rhus Tox 84 ct.	<ul style="list-style-type: none"> <li>• Rheumatic aches and pains.</li> </ul>

# NELSONS TOPICAL PRODUCTS



<b>Nelsons Product</b>	<b>Uses</b>
Arnica Cream 30g	<ul style="list-style-type: none"><li>• An ideal first aid application, effective for all types of bruises resulting from injuries, knocks and falls.</li><li>• Especially prepared from the alpine plant Arnica Montana.</li><li>• Directions: Apply gently to bruised areas. Do not apply to cut or broken skin.</li></ul>
Calendula Cream 30g	<ul style="list-style-type: none"><li>• A soothing multi-purpose skin cream that is well known for its healing purposes.</li><li>• Specially prepared from the Calendula (Marigold) plant.</li><li>• Directions: Apply the cream to the affected area and rub in lightly.</li></ul>
Tea Tree Cream 30g	<ul style="list-style-type: none"><li>• A soothing skin cream prepared using the finest, purest tea tree oil from Australia.</li><li>• Tea tree oil has many uses but is best known for its excellent antiseptic properties.</li><li>• Directions: Apply gently to the appropriate area.</li></ul>

Precautions: Keep all medicines out of the reach of children. Side effects are rare. If you are pregnant or breastfeeding always consult a doctor or homeopath before using this product. If you notice anything unusual or symptoms persist, consult your doctor or homeopath. Do not use if sensitive to any of the ingredients.